

Appendix A

SELF-ASSESSMENT

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Career Navigator and Quizzes This site provides self-assessments for the following areas: Career Quizzes (Abilities Quiz, Data, People Thing Quiz, Work Preference Quiz, Work Values Quiz, Multiple Intelligence Quiz, Seeing, Hearing and Doing Quiz) and Learning Style Quizzes (Multiple Intelligence Quiz, Seeing, Hearing and Doing Quiz) (http://www.jobsetc.gc.ca/toolbox/quizzes/quizzes_home.do?lang=e)

My Workplace Skills/Traits Checklist

(<http://www.jobsetc.gc.ca/toolbox/checklists/workplace.jsp?lang=e>)

Kiersey Temperament “The Kiersey Temperament Sorter II is designed to help you find out about your personality type: Artisan, Guardian, Realist, Rational.”

(http://www.jobsetc.gc.ca/pieces.jsp?category_id=318&root_id=307&crumb=11&crumb=608)

SaskNetWork: Your Work Preferences

(<http://www.sasknetwork.ca/html/JobSeekers/careerplanning/workpref.htm>)

Rogue Community College: The Holland Codes “The **Holland Codes** is a system to classify jobs into job categories, interest clusters, or work personality environments. In the Holland Model, these categories represent work personalities: Realistic, Investigative, Artistic, Social, Enterprising, Conventional (<http://www.roguecc.edu/Counseling/HollandCodes/about.asp>)

Multiple Intelligence for Adult Literacy and Education This site describes Howard Gardner’s theory about the eight types of intelligences. There is an assessment available. (<http://www.literacyworks.org/mi/intro/quickreview.html>)

Service Canada: Multiple Intelligence Quiz “Research shows that people have eight different types of intelligence, usually with strength in three or four. Use this quiz to find out about your unique style of thinking and understanding.”

(http://www.jobsetc.gc.ca/toolbox/quizzes/mi_quiz.do?lang=e)

Are You Deciding on Purpose “Counselor and author Richard Leider explains his laws for finding purpose in your work and life.”

(<http://www.fastcompany.com/magazine/13/ldrplus.html?page=0%2C0>)