

ESSENTIAL AND EMPLOYABILITY SKILLS & BLUEPRINT FOR LIFE

Understanding Essential Skills This site provides information about the nine essential skills.

(http://www.hrsdc.gc.ca/eng/workplaceskills/essential_skills/general/understanding_es.shtml)

- **How Do Your Skills Measure Up?** This site provides a test and practice for three Essential Skills that are required for numerous occupations: Reading Text, Document Use and Numeracy. (http://measureup.towes.com/)
- **Essential Skills Indicator** "The Essential Skills Indicator will help you gain a better understanding of your Essential Skills levels. It contains a series of short quizzes that will provide an indication of your skill strengths and areas that may require improvement. This information can help guide your future training decisions and career planning."

(http://www.hrsdc.gc.ca/eng/workplaceskills/essential_skills/general/online_indicator.shtml)

Conference Board of Canada: Employability Skills 2000⁺ "Employability Skills 2000⁺ are the employability skills, attitudes and behaviours that you need to participate and progress in today's dynamic world of work." This site provides a brochure explaining the different employability skills.

(http://www.conferenceboard.ca/topics/education/learning-tools/employabilityskills.aspx)

Employability Skills This site offers a brief self-assessment of Fundamental Skills, Team Work Skills, and Personal Management Skills.

(http://www.jobsetc.gc.ca/toolbox/checklists/employability.jsp;jsessionid=1F79E 66317660FDECFCAD8A82E5139A1.jwtc2?lang=e)

Conference Board of Canada: Skills Credentialing Tool "The SCT is a self-assessment and portfolio-building tool for students, employees and job-seekers. The SCT helps individuals self-assess their essential skills and employability attitudes and behaviours and create an evidence portfolio that they can share with an employment counsellor, instructor, workplace supervisor or potential employer." (http://conferenceboard.checkboxonline.com/Survey.aspx?s=b5cfd4c7ef204b5cb3 e6a6c1f7e07628)

Blueprint for Life Matrix This site outlines the eleven competencies for the areas of Personal Management, Learning and Work Exploration and Life/Work Building (http://206.191.51.163/blueprint/documents/matrix.pdf)

Using the Blueprint for Life Designs This site explains how to understand and implement the Blueprint for Life Matrix.

(http://206.191.51.163/blueprint/documents/ENbrochure.pdf)