

# VALUES

## Coat of Arms

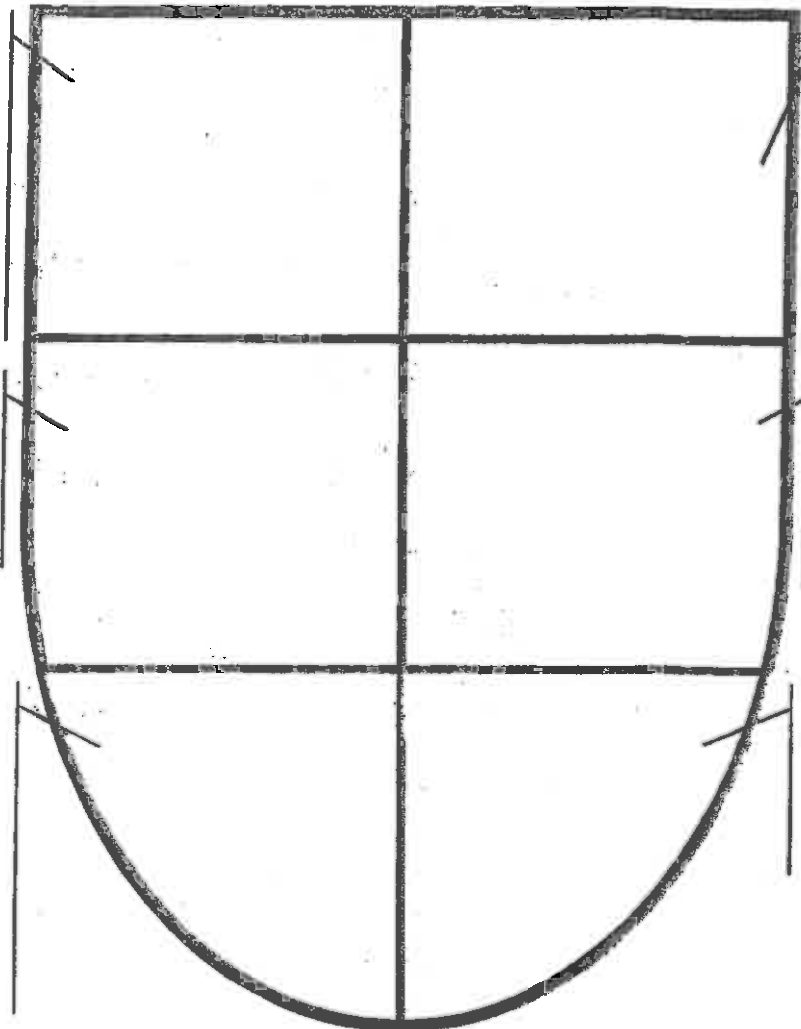
Name: \_\_\_\_\_

Let students make their PERSONAL coat of arms diagramming a shield. They are to make drawings (even as stick figures) for five of the blocks. Only in the sixth one will they be allowed to use words.

Draw a picture to represent one thing you are very good at and one picture to represent something you are struggling to get better at.

Represent the material possessions most significant to you.

Show what you would do with your life if you had one year to do whatever you wanted, and would be guaranteed success in anything you do.



Represent one value about which you would simply "never budge". It is a deep commitment.

Draw 2 pictures – one to represent your greatest achievement and the other to show your greatest setback, failure, or defeat.

Place three words which you would like people to say about you if your life ended today.

## Review Quiz

Name: \_\_\_\_\_

A. Match the following words to their definition.

- |               |                         |
|---------------|-------------------------|
| 1. career     | 6. employability skills |
| 2. goal       | 7. transferable skills  |
| 3. occupation | 8. résumé               |
| 4. value      | 9. essential skills     |
| 5. job        | 10. career education    |

- \_\_\_\_\_ A statement of intent that is measurable, achievable, concrete, and specific.
- \_\_\_\_\_ The core competencies required in all work settings. The Conference Board of Canada identifies three critical skills: fundamental, personal management and teamwork.
- \_\_\_\_\_ Priorities and beliefs – concepts that hold a particular importance for a person.
- \_\_\_\_\_ Abilities and capacities that can be transferred from one situation or task to another.
- \_\_\_\_\_ The sum of one's life experiences – includes work, learning, recreation, community, and family roles.
- \_\_\_\_\_ A specific set of duties performed for a specific employer in a prescribed location or range of locations for a specific rate of pay.
- \_\_\_\_\_ A personal information document that outlines experience, education, credentials and references.
- \_\_\_\_\_ A cluster of jobs with similar tasks and skills performed at a variety of locations.
- \_\_\_\_\_ Competencies required by all people to successfully manage work and life.
- \_\_\_\_\_ A list of skills researched and developed by Human Resources Services Development Canada which are required by every job.

Check if applies to you.

- I have a résumé
- I have had experience with an interview

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## Values Review

Name: \_\_\_\_\_

Values	High value	Mid value	Low value
Helping others			
Influencing people to have a better attitude			
Having a variety of tasks where one day is different from the next			
Being physically active			
To be popular			
Having responsibilities – being in a leadership role			
Participating in exciting and risky activities			
Being assured of a job and good pay			
Working independently with little or no supervision			
A flexible time schedule			
Thinking up new ideas			
Being in a decision making role			
Having direct contact with people – coworkers and clients			
Working alone – not a lot of people involved in your day			
Doing work that requires precision and accuracy			
Having fun			
Working with technology			
Being involved in organized activity and regular routine			
Maintaining your health			
Performing tasks in a unique way			
Learning and understanding new information			
Ability to have a family life			
Sharing			
To work towards goals			
To be kind			

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## Auction Block

Name: \_\_\_\_\_

You have \$2000 to spend. First, note in the budget line, what you are willing to spend on an item. This column will just be a guide line. Bids must be in \$10 increments and the maximum you may bid up another classmate is \$50. You are limited to receiving 2 items.

If you have \$500 or more left at the end of the game, you can purchase one of the secret boxes. Each secret box has an undisclosed future in it. Each of the 3 boxes may be purchased by as many people as have the money left to do so.

*(Adapted from: Activities that Teach, Tom Jackson, Red Rock Publishing, 1993, p. 64)*

	Budget	Bid	Item
1. to never be sick			
2. to be extremely smart			
3. to be a famous sport star			
4. to be beautiful / handsome			
5. to graduate from a famous college			
6. to never have pimples			
7. to help underprivileged children			
8. to own whatever car you would like			
9. to marry a good looking person			
10. to live in a mansion			
11. to be liked by everyone			
12. to help the homeless problem			
13. to have a lot of close friends			
14. to have a happy long life			
15. to be a millionaire to travel around the world			
16. to have self-confidence and a positive outlook on life			
17. freedom to do as you want			
18. a real great love relationship			
19. a big screen TV			
20. success in your chosen profession			

\$150

\$200

\$100

\$400

