**General Proficiency SMHS Grad**

The General Proficiency Award is to be given to the student who

makes the most complete contribution to the whole life of St. Mary High School.

Participation in all aspects of school life – academics, religious life, and school-sponsored activities – will be considered.

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| --- | --- |
| **Legal Name of Student** |  |
| *Copy/paste of digital photo.* |
| **Academic Achievement – *weighting 50%****An unofficial transcript will also be given to the selection committee.*The subject marks will count for half of this weighting. A student’s attitude, co-operation and consideration of his/her teachers and fellow students will also be taken into account. |
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| **Semester 1** | **Semester 2** |
|  | **Subject** | **Teacher** |  | **Subject** |  **Teacher** |
| 1 |  |  | 1 |  |  |
| 2 |  |  | 2 |  |  |
| 3 |  |  | 3 |  |  |
| 4 |  |  | 4 |  |  |
| 5 |  |  | 5 |  |  |
| 6 |  |  | 6 |  |  |

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***The following information must be limited to one page, but the size of the sections may be adjusted.***

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| **Extra-Curricular Contributions – *weighting 40%**** *Please indicate the activities in which you participated this past school year.*
* *Please include other in-school activities if they are not listed.*
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| **Activity** | **Teacher** | **Activity** | **Teacher** |
| *Basketball* |  | *Art Club* |  |
| *Badminton* |  | *Board Game Club* |  |
| *Cross-Country* |  | *Drama* |  |
| *Curling* |  | *Glee Club* |  |
| *Football* |  | *Jazz Band* |  |
| *Golf* |  | *Mock Trial* |  |
| *Soccer* |  | *Model UN* |  |
| *Track & Field* |  | *Musical* |  |
| *Volleyball* |  | *School Newspaper* |  |
| *Wrestling* |  | *SLC* |  |
| *Intramurals* |  | *Yearbook* |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
| **Religious Life – *weighting 10%**** *Please indicate the religious activities in which you participated this past school year.*
* *Please include other in-school activities if they are not listed.*
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| **Activity** | **Teacher** |
| *Faith Formation Team* |  |
| *Liturgical Celebrations* |  |
| *Morning Intercom Prayers* |  |
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